



Lunch Menu

Sandwiches

	REGULAR	DOUBLE
Smoked Turkey	9.00	16.00
Smoked Turkey w/Cheese	10.00	18.00
Applewood Smoked Ham	9.00	16.00
Applewood Smoked Ham w/Cheese	10.00	18.00
Prime Roast Beef	9.00	16.00
Salami & Provolone	9.00	16.00
Bacon, Lettuce & Tomato	9.00	16.00
Tuna Salad	9.00	16.00
Chicken Salad	9.00	16.00
Curry Chicken Salad (nuts)	9.00	16.00
Egg Salad & Scallion	8.50	15.00
Sheila's Favorite (Mayo, Swiss, Pickles, Carrots, Tomatoes on Oatmeal) (w/Turkey + 3.50)	8.50	15.00
Sprouts, Vegetables & Avocado	9.00	16.00
Sprouts, Vegetables & Cheese (Swiss, Cheddar or Provolone)	9.00	16.00
Sprouts, Vegetables & Hummus	9.00	16.00
Avocado, Cheddar & Chutney (w/Turkey + 3.50)	9.00	16.00
Liverwurst & Onion	9.00	16.00
Peanut Butter with Grape Jelly	6.00	10.00

Add-ons

Lettuce
Tomatoes
Onion
Carrots
Cucumbers
Pickles (.50)
Hot Peppers (.50)
Sprouts (.50)

Mayonnaise
Mustard
Honey Mustard
Horseradish

Extras

\$1.50 EACH

Cheddar
Swiss
Provolone
Avocado
Hummus
Bacon
Chutney

Gluten Free Bread

Bread

Portuguese
Oatmeal
Whole Wheat
Herb
Rye
French
Pumpernickel
6 Grain

Signature Green Salads

Build Your Own Salad

Choose any of our fresh ingredients **starting at \$10.00**

Cisco Caesar

Shaved Brussels and Kale, Portuguese Croutons, Shaved Parm, Creamy Parm Dressing **\$12** (w/Chicken **\$15.50**)

50 Cliff Cobb

Baby Kale, House Roasted Chicken, Egg, Bacon, Roasted Corn, Blue Cheese, Dried Cranberries, Avocado Citrus Vinaigrette **\$16**

Surfside Salad

Spinach, Sprouts, Peppers, Carrot, Tomato, Cucumber, Shaved Red Cabbage, Chickpeas, Sunflower Seeds, Green Goddess Dressing **\$14**

Brant Point Bowl

Baby Arugula, Egg, Carrots, Roasted Sweet Potato, Almonds, Black Beans, Chipotle Lime Vinaigrette **\$14**

South Wharf Salad

Greens, Avocado, Fresh Roasted Chicken, Corn, Tomato, Black Beans, Chipotle Lime Dressing **\$16**

Sankaty Salad

Baby Spinach, House Roasted Chicken, Tomato, Cucumber, Chickpeas, Kalamata Olives, Feta Cheese, Greek Dressing **\$16**

Side Salads

Macaroni Salad \$4/5.50

Red Potato Salad \$4/5.50

Greek Feta Pasta Salad \$4.25/5.95

Broccoli Salad \$4.25/5.95

Fruit Salad \$5.95

Italian Pasta Salad \$4/5.50

Other Stuff

Large Cookies \$3.00

Chocolate Chip, Oatmeal Raisin, Peanut Butter Chocolate Chip

Candied Brownies - Made with almond flour **\$4.25**

Vegan Banana Chocolate Chip Loaf - **\$3.50 slice**

Cape Cod Chips

Regular, Salt & Vinegar, BBQ **\$2.00**

Bottled Drinks

Featuring Something Natural's Tea and Organic Juice Line

Matt Fee Tea, Lemonade, Half & Half **\$3.25**

Bottled water, Spindrift naturally flavored sparkling water, and more available

189 Greenwich Ave, Greenwich, CT 06830

203.863.2100

info@somethingnaturalct.com

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