



Lunch Menu

Sandwiches

| | REGULAR | DOUBLE |
|--|---------|--------|
| Smoked Turkey | 8.00 | 14.00 |
| Smoked Turkey w/Cheese | 9.00 | 15.50 |
| Applewood Smoked Ham | 8.00 | 14.00 |
| Applewood Smoked Ham w/Cheese | 9.00 | 16.00 |
| Prime Roast Beef | 7.75 | 13.50 |
| Salami & Provolone | 7.00 | 12.00 |
| Bacon, Lettuce & Tomato | 8.25 | 15.50 |
| Tuna Salad | 8.50 | 15.00 |
| Chicken Salad | 8.00 | 14.00 |
| Curry Chicken Salad (nuts) | 8.00 | 14.00 |
| Egg Salad & Scallion | 7.50 | 14.00 |
| Sheila's Favorite (Mayo, Swiss, Pickles, Carrots, Tomatoes on Oatmeal) (w/Turkey + 3.00) | 7.50 | 14.00 |
| Sprouts, Vegetables & Avocado | 7.50 | 14.00 |
| Sprouts, Vegetables & Cheese (Swiss, Cheddar or Provolone) | 7.50 | 14.00 |
| Sprouts, Vegetables & Hummus | 7.50 | 14.00 |
| Avocado, Cheddar & Chutney (w/Turkey + 3.00) | 8.50 | 15.00 |
| Liverwurst & Onion | 7.50 | 14.00 |
| Peanut Butter with Grape Jelly | 5.25 | 8.50 |

Add-ons

Lettuce
Tomatoes
Onion
Carrots
Cucumbers
Pickles (.35)
Hot Peppers (.35)
Sprouts (.35)

Mayonnaise
Mustard
Honey Mustard
Horseradish

Extras

\$1.50 EACH

Cheddar
Swiss
Provolone
Avocado
Hummus
Bacon
Chutney
Gluten free bread

Bread

Portuguese
Oatmeal
Whole Wheat
Herb
Rye
French
Pumpernickel
6 Grain

Signature Green Salads

Build Your Own Salad

Choose any of our fresh ingredients **starting at \$8.50**

Cisco Caesar

Shaved Brussels and Kale, Portuguese Croutons, Shaved Parm, Creamy Parm Dressing **\$11** (w/Chicken **\$14**)

50 Cliff Cobb

Baby Kale, House Roasted Chicken, Egg, Bacon, Roasted Corn, Blue Cheese, Dried Cranberries, Avocado Citrus Vinaigrette **\$14**

Surfside Salad

Spinach, Sprouts, Peppers, Carrot, Tomato, Cucumber, Shaved Red Cabbage, Chickpeas, Sunflower Seeds, Green Goddess Dressing **\$12**

Brant Point Bowl

Baby Arugula, Egg, Carrots, Roasted Sweet Potato, Almonds, Black Beans, Chipotle Lime Vinaigrette **\$12**

South Wharf Salad

Greens, Avocado, Fresh Roasted Chicken, Corn, Tomato, Black Beans, Chipotle Lime Dressing **\$14**

Sankaty Salad

Baby Spinach, House Roasted Chicken, Tomato, Cucumber, Chickpeas, Kalamata Olives, Feta Cheese, Greek Dressing **\$14**

Side Salads

Macaroni Salad \$4/5.50

Red Potato Salad \$4/5.50

Greek Feta Pasta Salad \$4.25/6

Tortellini Atichoke Salad \$4.25/6

Fruit Salad \$6

Other Stuff

Large Cookies \$2.50

Chocolate Chip, Oatmeal Raisin, Peanut Butter Chocolate Chip

Gluten Free Brownies - Made with almond flour **\$2.75**

Cape Cod Chips

Regular, Salt & Vinegar, BBQ **\$2.00**

Bottled Drinks

Featuring Something Natural's Tea and Organic Juice line

Matt Fee Tea, Lemonade, Half & Half, Unsweetened Black Tea, Green Tea with Honey **\$3**

Bottled water, Spindrift naturally flavored sparkling water, and more available

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