



# Lunch Menu

## Sandwiches

	REGULAR	DOUBLE
Prime Roast Beef	7.25	13.50
Salami & Provolone	6.50	12.00
Applewood Smoked Ham	7.50	14.00
Applewood Smoked Ham & Swiss	8.25	15.50
Smoked Turkey	7.50	14.00
Smoked Turkey, Tomato & Swiss	8.25	15.50
Egg & Scallion	6.95	13.50
Liverwurst & Onion	7.25	13.50
Sheila's Favorite (Mayo, Swiss, Pickles, Carrots, Tomatoes on Oatmeal)	6.95	13.50
Sprouts, Vegetables & Cheese (Swiss, Cheddar or Provolone)	6.95	13.50
Sprouts, Vegetables & Hummus	6.95	13.50
Sprouts, Vegetables & Avocado	7.25	13.50
Avocado, Cheddar & Chutney	8.25	15.50
Tuna Salad	7.50	14.00
Turkey Salad	7.50	14.00
Cream Cheese & Olive	4.75	8.50
Bacon, Lettuce & Tomato	8.25	15.50
Peanut Butter with Grape Jelly	4.75	8.50

## Add-ons

NO CHARGE

Lettuce  
Tomatoes  
Onion  
Carrots  
Cucumbers  
  
Mayonnaise  
Mustard

## Extras

\$1.50 EACH

Cheddar  
Swiss  
Provolone  
Avocado  
Hummus  
Bacon  
Chutney  
Gluten free bread

\$0.35 EACH

Pickles  
Hot Peppers  
Sprouts

## Bread

Portuguese  
Oatmeal  
Whole Wheat  
Herb  
Rye  
French

# Signature Green Salads

## Cisco Caesar

Shaved Brussels and Kale, Portuguese Croutons, Shaved Parm, Creamy Parm Dressing **\$10**

## 50 Cliff Cobb

Baby Kale, House Roasted Turkey, Egg, Bacon, Roasted Corn, Blue Cheese, Dried Cranberries, Avocado Lemon Vinaigrette **\$12**

## Surfside Salad

Spinach, Sprouts, Peppers, Carrot, Tomato, Cucumber, Shaved Red Cabbage, Chickpeas, Sunflower Seeds, Green Goddess Dressing **\$11**

## Brant Point Bowl

Baby Arugula, Egg, Carrots, Roasted Sweet Potato, Almonds, Black Beans, Chipotle Lime Vinaigrette **\$12**

## Side Salads

### Pasta Salad

Rotini Pasta, Roasted Red Peppers and Freshly Chopped Scallions, with a touch of our Housemade Creamy Russian Dressing **\$4**

### Bill's Potato Salad

Red Bliss Potatoes, Spiced Mustard, Mayonnaise, Red Wine Vinegar, Scallions **\$4**

## Other Stuff

### Cookies \$2.50

Chocolate Chip, Oatmeal Raisin, Peanut Butter Chocolate Chip

### Muffins Blueberry, Bran, Morning Glory \$1.75

### Gluten Free Brownies - Made with almond flour \$2.75

### Small Cookies by the Dozen \$6.00/doz

Snickerdoodles, Mudslides, Molasses Raisin

### Cape Cod Chips

Regular, Salt & Vinegar, BBQ **\$1.75**

## Beverages

### Bottled Drinks

#### Featuring Something Natural's Tea and Organic Juice line

Matt Fee Tea, Lemonade, Half & Half, Strawberry Lemonade, Unsweetened Black Tea, Green Tea with Honey **\$3**

**Bottled water and Spindrift naturally flavored sparkling water also available**

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